

# COUNTRY TREKS

## EQUESTRIAN CENTRE

www.horsetreks.co.uk

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### Kit List For Country Treks Pony Camp

#### BEDDING

For your bed you need to bring a sleeping bag or duvet. We do supply bottom sheets and pillows with cases, and all mattress's have covers.

#### CLOTHES

Brand new expensive clothing should be left at home. Old casual, comfortable clothing is better. Several layers of clothing will keep you warmer than one thick layer, and activities continue regardless of weather, so bring plenty of items. A few plastic bags (supermarket) are a good idea for packing very dirty items in when you are packing up to leave.

#### WET WEATHER GEAR

A lightweight waterproof cagoule or coat is recommend and if you have a pair of waterproof trousers bring them along.

You will need indoor and outdoor shoes. Wellies or walking boots are highly recommended.

#### LUGGAGE

The most suitable form of luggage is a holdall or rucksack (rather than a large suitcase) with your sleeping bag separately in a stuff sack or bin bag.

#### DO NOT BRING

Valuables including expensive cameras, phones, jewellery or lots of money. There is a small tuck shop on site for sweets and snacks. Any valuables are brought at your own risk and we can not be held responsible for any loss.

#### Tick list (essential items)



|  |  |
|--|--|
|  | Sleeping Bag or duvet, Wash kit  |
|  | 2 Towels (one for lake activities, one for shower)                             |
|  | Nightwear  |
|  | Indoor shoes or slippers   |
|  | Outdoor shoes/wellies.   |
|  | Changes of underwear—lots of socks—the warmer the better                       |
|  | Lots of warm tops to layer—t-shirts, fleeces, sweatshirts, jumpers, hoodies.   |
|  | 3-4 Pairs of trousers/tracksuit style or leggings or jodhpurs if you have them |
|  | Shorts (if summer!)  |
|  | Waterproof coat  |
|  | Medication if required   |

#### Tick list (if you've got it)



|  |  |
|--|--|
|  | Waterproof Trousers  |
|  | Hat. Warm one if winter. Caps are useful in the summer for protection. |
|  | Gloves   |
|  | Sun cream - essential in summer.                                       |
|  | Carrier bag for wet / dirty clothes.                                   |
|  | Camera (disposable cameras highly recommended)                         |
|  | Horse riding gear (jodhpurs/boots etc if have them)                    |

**HATS ARE PROVIDED , BUT IF YOU ARE BRINGING YOUR OWN IT MUST BE UP TO STANDARD.**